**Slow Praises**

Plagal Second Mode

**Verse #1**

To do among them the judgment that is written. This glory shall be to all His saints.

**Praises #1**

Ty Cross, O Lord, is life and resurrection for Thy people,
and trusting therein, we praise
Thee, our risen God. Have mercy on us.

Verse #2

Praise ye God in His saints, praise Him in the firmament of His power.
Thy burial, O Master, hath opened Paradise unto the race of men, and having been redeemed from corruption, we praise Thee, our risen God. Have mercy on us.
Verse #3

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

With the Father and the Spirit, let us praise

Christ Who is risen from the dead, and

let us cry unto Him: Thou art our life and resurrection. Have
Verse #4

Soft Chromatic

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

As it is written, Thou didst

rise the third day from the tomb,

O Christ, raising all so the
Verse #5

Aïveïte αὐτόν ἐν τῷ πάνῳ

Praise Him with timbrel and dance, praise Him with strings and flute.
O Lord, great and terrible is the mystery of Thy resurrection; for Thou camest forth from the tomb even as a bridegroom from a bridal chamber, undoing death by death, that Thou mightest free Adam. Wherefore, in the Heavens, the
Angels dance, and on earth men

An - - - gels_______ dance, and on earth men_______

Diatonic

glo - ri - fy Thy com - pas - sion_______ wrought_______

for____ us,____ O Friend_______ of_______

Praise Him with tune-ful cym-bals, praise Him with cym-bals of ju - bi-la-

tion. Let ev-ery breath_______ praise_______ the_______ Lord.

Verse #6

Aινείτε αὐτὸν ἐν κυμβάλοις
O ye lawless Jews, where are the seals, and the silver coins that ye gave un-
to the soldiers? The treasure was not stolen, but hath risen as one might-
y. Ye yourselves have been put to shame, having denied

Christ, the Lord of Glory, Who

www.stanthonysmonastery.org/music/Orthros.htm
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Verse #7

'Ἀνάστηθι Κύριε

A-rise, O Lord my God, let Thy hand be lift-ed high; for-

get not Thy pau-pers to the end.
While the sepulchre was sealed, how were ye robbed, ye Jews, after ye had set guards and affixed the seals? While the doors were shut, the King came forth. Either present Him as dead, or worship Him as God, singing with us:

Plagal Second Mode - Slow Praises

Praises #7

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**Verse #8**

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

**Praises #8**

With lamentation the myrrh-bearing women reached Thy life-containing tomb, O Lord.
Lord. And holding myrrh, they sought to anoint Thine immaculate Body. But they found a radiant Angel sitting upon the stone, and he addressed them and said: Why do ye weep for Him Who hath made life to flow from His side.
for the world? Why do ye seek the Immortal One as a mortal

One as a mortal in the tomb? But rather run ye and proclaim to His disciples the universal

sal joyful of His glorious resurrection, whereby do Thou en-

lighten us, O Saviour, and
grant us forgiveness and greatness.

mercy.